

TALK ACTIVITY

5 minutes - WE CAN

How to play: Can you think of anything that you can all do more of as a family when it comes to tech? And is there anything you could perhaps do less of?

Can each family write down the two following statements...

**'What we can do more of' &
'What we can do less of'**

What can you all agree would be good to try? Remember – it is not about somebody else being right or wrong, but how you can work together to make sure your digital family life is healthy and happy.



TALK ACTIVITY

10 minutes - EMOJI STORY

Look at the emojis here.
Can you guess the movie*?



Now, can you try to create an emoji story of your own. It can be any type of story you can think of. Maybe a funny thing that happened to your family. Or a holiday you went on together. Or even the plot of a movie you all saw.

Use emojis to tell your story and then see if your family can guess what your story is all about.

*Answer: Ghostbusters



TALK ACTIVITY

20 minutes - SAY, THINK, HEAR



How to play: This game is about conversations and how things can get lost in translation. It's those moments when somebody may think one thing, but says something else. And the other person hears something different, more negative than was intended

Look at each of the conversation lines together. Discuss what someone says, and what they think – and then fill in the blank of what you think the other person might hear.

How it works:

SAY: what the person says

THINK: what the person is actually thinking

HEAR: what the other person hears

Now you turn:

Can you add an example of a family conversation you have had about tech and how you have been thinking, saying and hearing different things.

SAY: You're too young to be on that app, and that's the end of it

THINK: I've read the scares stories about that app, and it terrifies me

HEAR: I don't trust that app, and I don't trust you

SAY: Why do you waste all your money on that game?

THINK: I'll honestly don't understand the point of virtual items in games

HEAR:
.....

SAY: But all my friends are allowed to do it, you're so unfair

THINK: I feel like a total social outcast, I wish you understood

HEAR:
.....

SAY: You wouldn't understand

THINK: If I told you, I'd get in trouble

HEAR:
.....

SAY: Maybe you can do it when you're older

THINK: Maybe you can do it when I get used to the idea

HEAR:
.....

SAY: Stop messaging your friend, you're on there too much

THINK: I wish we could find a way to talk ourselves

HEAR:
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